

ESSO FUN DAY

"Hockey....Just for the Fun of It!"

DATE: SATURDAY, MARCH 27, 2010
TIME: 7:30 am – 8:30 am
LOCATION: POWNAL SPORTS CENTRE

WHAT IS IT?

This Program is meant to be a fun day of hockey for the first time participant in the female game. If you are a female who wants to give hockey a try - Esso Fun Day is for you and it's **FREE!**

- Program is to introduce females to the game of hockey
- Introduces basic skills in a positive, **FUN** environment
- Open to females of all ages
- Opportunity to learn and gather information about female hockey programs

ON ICE SESSION

- Includes 1 hours of on-ice, basic skills and fun activities
- Fun games and cross-ice scrimmages

The focus of the day is to introduce players to the basics, to make new friends, and to try the game without having to make a commitment to sign up for a season.

PARTICIPANT EXPECTATIONS

- Borrow Equipment
- **HAVE FUN!**
- Meet and make new friends
- Experience the passion of hockey and learn the basics

CONTACT INFORMATION

To register or for more information, please contact:

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